

Winter Ice Skating Lessons

January 5-February 28, 2015

Registration begins December 16th



Tots/Kindergarten: Tuesday 4:50 p.m. or Saturday 12:50 p.m.
25 minutes of group instruction for beginning skaters ages 4-6

Basic 1: Tuesday 4:00 p.m. Wednesday 3:30 p.m. or Saturday 12:00 p.m.
25 minutes of group instruction with 25 minutes of practice time. Skaters will be taught forward skating and glides, backward skating, forward swizzles and snow plow stop.

Basic 2: Tuesday 4:00 p.m. Thursday 4:00 p.m. or Saturday 12:00 p.m.
25 minutes of group instruction with 25 minutes of practice time. Skaters will be taught forward one foot glides, backward swizzles and glides and two foot turns.

Basic 3: Tuesday 4:00 p.m. or Saturday 12:00 p.m.
25 minutes of group instruction with 25 minutes of practice time. Skaters will be taught forward stroking, forward pumps on circle, backward one foot glides and two foot spins.

Basic 4: Tuesday 4:25 p.m. or Saturday 12:25 p.m.
25 minutes of group instruction with 25 minutes of practice time. Skaters will be taught forward crossovers, outside three turns, backward pumps on circle and forward edges on circle.

Basic 5: Tuesday 4:25 p.m. or Saturday 12:25 p.m.
25 minutes of group instruction with 25 minutes of practice time. Skaters will be taught back edges on circle, back crossovers and beginning one foot spin.

Basic 6: Tuesday 4:25 p.m. or Saturday 12:25 p.m.
25 minutes of group instruction and 25 minutes of practice time. Skaters will be taught inside three turns, T stop, bunny hop and spiral lunge.

Basic 7/8: Tuesday 4:50 p.m. or Saturday 12:50 p.m.
25 minutes of group instruction and 25 minutes of practice time. Skaters will be taught Mohawks, pivots, combo moves with crossovers and turns, moving three turns, moving Mohawks, waltz jump and one foot spins.

Novice: Thursday 4:00 p.m.
45 minutes of group instruction including power stroking, moves in the field, jumps and spins. Skaters must have passed Basic 8 to be eligible for this class.

Fees:

Basic 1-8 and Power: \$75

Novice:

\$83

Skate Rental \$8

***Register by the Friday before the start of the session and save \$8 per session!**



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